

Becket-Chimney Corners YMCA

Travel and Service Programs – Health Memo

ICEP Uruguay

About the Program

Our partner in Uruguay is the Montevideo YMCA. Upon arrival in Montevideo, the group will travel outside the city to YMCA Camp Artigas where they will spend 1-2 weeks bonding as a group, taking part in a winter camp with Uruguayan teens, and doing service work in local schools. The group will visit rural schools in the area to play games with kids and help renovate the schools and grounds. After camp, the group will travel back to Montevideo, the capital city. They will spend about 10 nights in homestays, meeting up during the day in beautiful seaside Montevideo to explore the city. While in Montevideo, the group will visit multiple urban schools to teach basic English lessons and practice their counseling skills by teaching favorite camp games. ICEP Uruguay stands out from other programs in the amount of Spanish that is used throughout the program, as well as the time spent with Uruguayan teens. Participants will leave the program with strong connections to their Uruguayan host families.

For Physicians:

The following information is to aid you in choosing appropriate care for your patient.

This individual will be traveling in Uruguay from July 12th to August 11th, 2024.

Based on last year's itinerary, the program will be based in the following locations:

- 15 nights Montevideo
- 12 nights YMCA Camp in Colonia, Uruguay 2 hours outside Montevideo • 3 nights Nueva Helvecia
- Individuals and their families have been directed to information from the CDC and World Health Organization concerning health risks associated with this destination.
- All participants will self-administer their own medications while traveling.
- Program activities will include but are not limited to hiking, swimming (beach front and/or pools), manual service projects, work with children, challenge/ropes course activities and camping.
- Aspects of this program can be emotionally/mentally challenging like homestays